Cape Breton Chronicles

4-day all-inclusive adventure tour

Fall itinerary



Baddeck, Cape Breton - Day #1

Depart from Halifax and make our way towards the beautiful island known as Cape Breton, rated one of the best road trips in the world by Travel & Leisure Magazine, #2 island destination in the world by National Geographic 3 years in a row, and #1 island to visit in North America. Our first stop takes us to the tumbling cascade of Park Falls to marvel in the roar of this powerful waterfall.

We are then off to Cape Breton, in no time at all you'll see why Nova Scotia is referred to as New Scotland, as we drive past rolling hills and wind up at the door step of the Bras D'or Lakes and the base of "Salt Mountain – 2.5km". Here we hike to the summit following the moderate trail for incredible views of the lakes below, the surrounding hills and soaring eagles above the countryside.

After our hike we head to the beautiful lakeside town of Baddeck. Here we will have a chance to stroll the lovely streets and shops and later catch a musical act after a fine meal at the Silver Dart Lodge where we rest our heads for the evening.

Evening concert – Celtic Colors Festival

1st night accommodations – Silver Dart Lodge

Cabot Trail, Cape Breton - Day #2

After a healthy and filling breakfast we are off to start our adventurous day. We drive across the island toward to western side of Cape Breton, passing through mixed forest and through the Margaree Valley which is home to one of Canada's premier salmon rivers. Making a stop in the town of Cheticamp you will quickly notice the strong Acadian culture and presence. Many folks here still speak Acadian French and even dress in the traditional Acadian attire.

We continue on to the Highland's National Park, making frequent stops to take photos from the look offs of the highlands which rise from the ocean. There is no better way to see and experience Cape Breton then by foot. We hike the world famous "Skyline Trail – 7km" which follows the mountain ridge and offers incredible views of the surrounding highlands and the Bay of St. Lawrence which lies 1000ft below. Keep your eyes open for pods of Pilot Whales in the waters below and the parks largest land animal along the trail, the majestic Moose. Returning to the van we follow the "Cabot Trail" driving across the highlands to view an expanse of mountain plateaus and glacial valleys. We then arrive at the quaint little harbour village of Pleasant Bay. Here we will take a short hike to the "MacIntosh Brook Falls – 2km" which flow through the highlands as the tumble down a rocky cliff face tucked away in a mostly dominant deciduous forest. We stay at the id Trail Motel for the night which is located just minutes from a picturesque beach where absolutely breathtaking sunsets are the norm and are some of the finest in eastern Canada.

2nd night accommodations – Mid Trail Motel

Cabot Trail - Day #3

Waking up in Pleasant Bay is always a treat; really could this get any better? We'll yes it can! We fill up on a hearty breakfast and of course a hot coffee and tea. Crossing back over the mountains toward the east coast we head towards Cabot's Landing Beach Park. We spend some time at the 4 mile long beach where John Cabot was said to have first landed in 1497, hence giving the famous coastal drive the named "Cabot Trail".

A short drive brings us to Meat Cove, the northern most community in Nova Scotia. We will hike the "Grassy Hill – 2.0km" trail to the top for captivating views of the water and mountains as they meet in dramatic form. Here we will enjoy a picnic on what seems like the top of the world.

After lunch we keep their feet dry on land as we hike past the seaside village of "White Point – 2.5km" out onto the peninsula where pink granite cliffs rise from the sea. This location is a great place to spot eagles, whales and various seabirds. After our hike we drive again to the beautiful village of Baddeck. This is where Alexander Graham Bell had built a summer home which still stands today overlooking the Bras D'or Lakes, also known as Canada's inland sea.

Alexander Graham Bell was quoted saying this about Cape Breton:

"I have travelled around the globe. I have seen the Canadian Rockies, the American Rockies, the Andes and the Alps and the Highlands of Scotland; but for simple beauty, Cape Breton outrivals them all."

3rd night accommodations - Silver Dart Lodge

Baddeck, Cape Breton - Day #4

This is our last day on Cape Breton Island, so let's make it a memorable one. We will spend the first part of the morning with a hike to "Usige Ban Falls – 3.5km." This hike leads us to a dramatic 50ft waterfall in the heart of the low highlands.

Next, we back to Baddeck and will board the Amoeba Sailboat @11am (weather permitting) to cruise the Bra D'or Lake, past the Graham Bell home and property, see Eagles near the boat in the open waters and embrace the natural wonders of the Cape Breton by water. (Do not forget your camera for this tour)

After our tour we continue our travels, making our way back to the mainland of Nova Scotia and saying farewell to Cape Breton. On our way back, we make a stop at the university town of Antigonish for a rest and share stories and photos of our amazing expedition, before returning back to the city of Halifax where we finish our 4-day long journey together.

Activities include: (Fall) Hiking, Local Dinner, Concert and Sail Boat Tour.

Package inclusions:

- Professional Tour Guide
- Transportation
- 3 nights shared accommodations in local Inn's & Lodge
- 3 breakfasts, 4 lunches, 3 dinners
- National Park Fees
- Guided hikes to Salt Mountain, Skyline Trail & White Point
- Activities include: Hiking, Local Dinner, Concert and Sail Boat Tour.
- *Does not include guide gratuities, alcoholic beverages or items purchased during personal time.

